

Restaurant Nutrition Facts Menu

Just for Starters

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Baked Potato Soup - Bowl	380	25	12	0	50	910	27	2	4	9
Baked Potato Soup - Cup	220	15	7	0	30	530	16	1	2	5
Boneless Buffalo Wings - Hot	760	42	11	0	145	2130	37	12	2	60
Boneless Buffalo Wings - Mild	860	50	12	0	145	2830	43	5	1	58
Cactus Blossom	2250	135	26	0	15	5000	236	19	36	25
Cheese Fries - Regular	1240	65	25	1	110	5400	126	14	2	38
Cheese Fries - Small	860	44	17	1	70	3770	90	10	2	25
Deviled Eggs	520	40	10	0	710	750	12	0	7	27
Fire Blossom	2730	173	50	1.5	140	8730	248	22	43	49
Firecracker Shrimp	1080	88	14	0	185	1490	54	4	12	20
Fried Pickles	550	38	7	0	0	2580	48	5	1	6
Grilled Shrimp	370	19	6	0	130	1740	29	1	4	20
Killer Ribs	910	53	18	0	175	2830	59	8	5	49
Rattlesnake Bites	560	36	19	0.5	80	1430	34	3	3	25
Twisted Mozzarella	710	39	15	0	65	2610	64	4	6	27

Salads

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Caesar Salad	440	43	8	1	25	450	9	2	2	6
California Chicken Salad	970	46	19	0	240	2460	73	9	62	74
Chicken Caesar Salad	1100	89	16	1.5	205	1070	20	7	5	60
Chicken Critter Salad	690	40	17	0	355	1440	27	6	8	56
Grilled Salmon Salad	830	55	22	1.5	375	1310	19	6	9	66
House Salad	230	16	8	1	135	290	9	2	4	13

Hand-Cut Steaks

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Bone-In Ribeye	1480	101	44	10	450	1720	20	4	4	143
Dallas Filet - 6 oz	270	10	4	1	110	720	6	2	2	45
Dallas Filet - 8 oz	360	13	6	1.5	145	960	8	2	2	60

Ribs

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Fall-off-the-Bone Ribs - Full Slab	1450	102	41	0	460	2260	15	4	10	116
Fall-off-the-Bone Ribs - Half Slab	900	63	25	0	285	1400	9	3	6	72

Chicken Specialties

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Chicken Critters	480	21	4	0	130	1190	26	3	2	45
Country Fried Chicken	770	44	16	0	180	1460	45	1	9	48
Grilled BBQ Chicken	300	3.5	1	0	160	450	19	2	15	46

Country Dinners

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Beef Tips with Mashed Potatoes	960	58	19	1	175	3300	48	6	12	61
Bone-In Pork Chop	920	61	14	2.5	250	2880	6	0	5	86

Dockside Favorites

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Fish & Chips	790	38	7	0	120	3020	71	8	2	42
Grilled Salmon - 5 oz	410	33	8	0	75	770	2	0	0	27

Kids & Ranger Meals

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
All-Beef Hot Dog	390	23	10	1.5	50	1010	27	0	4	14
Mini-Cheeseburgers	670	36	15	0.5	60	950	57	3	9	30

Burgers & Sandwiches

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
All-American Cheeseburger	880	55	22	4	125	1970	48	5	11	50
BBQ Chicken Sandwich	640	18	5	2.5	165	1310	63	6	24	55
Smokehouse Burger	1080	67	28	4	150	2490	60	6	20	58

Legendary Sides & Extras

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Baked Potato	380	13	5	0	10	1950	60	6	3	7
Green Beans	100	3.5	1	0	10	1070	13	2	4	6
Steak Fries	360	14	2.5	0	0	1970	53	6	0	5

Desserts

Item	Calories	Fat	Sat Fat	Trans Fat	Chol	Sodium	Carbs	Fiber	Sugars	Protein
Big Ol' Brownie	1200	40	24	0	100	740	203	8	151	12
Strawberry Cheesecake	800	47	26	0	135	550	76	3	60	10

